

OTB BICYCLE CAFE HEALTHY EATING MENU

With the help of our good friends at Crossfit Athletics, we at OTB would like to introduce our new, improved Healthy Menu. The intent of this menu is to provide our guests with dietary restrictions a flavorful choice.

After all, eating healthy shouldn't be a bad thing.

SAM'S PORTABELLA "SAM"WICH / \$10.99

Our classic Hard Tail burger with a twist! Instead of our traditional brioche buns we substitute two portobella mushroom caps. Just like the Hard Tail, this tasty gem is a build it yourself sandwich! You can choose between our premium aged beef burger, turkey burger, veggie burger or grilled chicken.

MCGRAW'S CHICKEN AND EGG BURRITO / \$9.99

A medley of diced grilled chicken and scrambled eggs wrapped in crisp iceberg lettuce with pico de gallo, sliced avocado and chopped bacon. Drizzled with house made Mediterranean dressing.

JENN'S CHICKEN CRUST PIZZA / \$8.99

Not your traditional pizza! This paleo friendly twist actually has a chicken breast pounded thin as its crust. We take a fresh tenderized chicken breast and top it with diced red onion, roasted red pepper and sautéed spinach with our Mediterranean garlic aioli sauce. You can add bacon for only \$1, and you can add cheese, but "Don't tell Jenn".

GABE'S MOROCCAN CHICKEN LETTUCE WRAP / \$10.99

Two spicy Moroccan chicken breasts grilled to perfection and served with grilled yellow and green pepper, zucchini and carrots with crisp iceberg lettuce cups and chipotle lime mayo.

HEAVEN ON A PLATE / \$10.49

Our Heaven on Earth burger no bun, no cheese. You can choose between our premium aged beef burger, turkey burger, veggie burger or grilled chicken. We load it with sautéed spinach and sliced tomato then drizzle on our chipotle aioli. Since we're taking the bun and cheese we'll throw in grilled peppers and zucchini sticks too!

All of the above are served with your choice of broccoli, a side salad or carrots and celery.

BICYCLE TIMES BLT SALAD / \$8.99

Chopped bacon, iceberg lettuce and grape tomatoes topped with avocado slices and a fried egg. Served with chipotle dressing. Add any burger patty, or grilled chicken breast for \$3.